

Alex Troup KC

Deputy Head of Chambers, Head of Wills & Trusts

Call: 1998 Silk: 2023

Inn: Gray's Inn



Alex is a brilliant barrister. He is a superb strategist and advocate and is extremely clever. Alex is fantastic with clients and also keeps to agreed deadlines. He is a true star."

THE LEGAL 500 2026, PRIVATE WEALTH, PROBATE AND TAX

Alex is Head of our Wills & Trusts team and is recognised for his impressive chancery practice. He is the only silk ranked in private wealth outside of London in the High Net Worth Guide 2025.

Alex specialises in contentious probate, trusts and administration of estates, as well as property litigation. He is instructed in disputes over the sale of agricultural land, as well as proprietary estoppel claims. Alex is also adept at handling Court of Protection work and excels in cases concerning statutory wills, contested deputyship applications and lifetime gifts. Alex acts as a mediator and as a representative at mediations.

Areas of expertise

Contentious probate and administration of estates

Trusts

Property litigation

Court of Protection

Associated professional negligence claims

Mediation

In the legal directories, Alex has been described as "exceptional in everything. He is careful, considered and he is at the very top of his game.", a "formidable advocate", a "star of probates", "among the most skilful barristers" and as having "a real commercial brain".

Alex is a member of the association of Contentious Trust And Probate Specialists (ACTAPS), and the Society of Trust and Estates Practitioners (STEP).

Alex is an experienced mediator, having been trained as a mediator with the London School of Mediation in 2015. He has mediated cases across the full spectrum of his practice areas and has a high success rate for achieving settlements. He was one of the panel mediators for the Court of Protection pilot mediation scheme. For full details of Alex's mediation practice please see [here](#).

Alex lectures extensively in his areas of expertise, mainly to firms of solicitors, law societies and specialist organisations.

He is really good under pressure and at thinking

*outside the box. He's
calm, authoritative and
judges clearly trust him.*

**CHAMBERS UK 2025, AGRICULTURE & RURAL
AFFAIRS**

Qualifications:

MA (Oxon) Literae Humaniores, William Shaw Scholarship and Karmel Award (both Grays Inn)

Professional memberships:

Chancery Bar Association

Western Chancery & Commercial Bar Association

Court of Protection Bar Association

Association of Contentious Trust And Probate Specialists (ACTAPS)

The Society of Trust and Estates Practitioners (STEP)

Committee member of STEP Bristol Branch.



Alex Troup KC is regulated by the Bar Standards Board (BSB) and holds a current practising certificate. If you are not satisfied with the service provided, please [read here](#).